

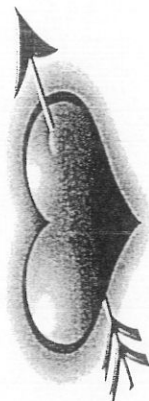


GRADES PK-5

ELEMENTARY SCHOOL MENUS

FEBRUARY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Healthy Tip</p> <p>*** Make physical activity a regular part of the day. Strive for 30 minutes of physical activity each day. ***</p>				
<p>5 White Beans with Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Peach Slices Whole Grain Cornbread Milk Choice</p>	<p>6 Taco(s) Beef or Chicken Whole Grain Flour Tortillas Taco Salad Cup Steamed Corn Chilled Pineapple Tidbits Whole Wheat Reduced Fat Fresh Baked Cookie Salsa Cup Milk Choice</p>	<p>7 Hamburger Pattie Sliced Cheese for Hamburger Whole Grain Hamburger Bun Oven Baked French Fries Sandwich Salad Cup Fresh Red Grapes OR Strawberries Whole Grain Crispy Rice Square Mayonnaise/Mustard/Catsup Milk Choice</p>	<p>8 Oven Baked Turkey Roast OR Oven Baked Chicken Steamed Brown Rice Brown Gravy Sweet Potatoes Seasoned Black Eyed Peas Fresh Orange Wedges Whole Wheat Roll Milk Choice</p>	<p>9 Crispy Fish Strips Whole Grain Spaghetti & Cheese Seasoned Green Beans Matchstick Carrots with Lowfat Ranch Dressing Fresh Apple Wedges Milk Choice</p>
 <p>MARDI GRAS HOLIDAY</p>				
<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>
<p>19 Meatballs w/ Sauce & Shredded Cheese Steamed Broccoli Seasoned Green Beans Pineapple & Orange Fruit Cup Whole Grain Breadstick Whole Grain Graham Crackers Milk Choice</p>	<p>20 Chicken Nuggets Mashed Potatoes Fresh Sliced Cucumbers Fresh Baby Carrots Fresh Apple Wedges OR Fresh Whole Banana Whole Grain Mini Graham Bites Milk Choice</p>	<p>21 Salisbury Steak & Gravy Steamed Brown Rice Sweet Potato 100% Romaine Green Salad w/Dressing Fresh Orange Wedges OR Watermelon Whole Wheat Roll Milk Choice</p>	<p>22 Ham & Cheese Sandwich Whole Grain Hamburger Bun Baked Beans Sandwich Salad Cup Chilled Mixed Fruit Multi Grain Chip Mix Mayonnaise/Mustard Milk Choice</p>	<p>23 Cheese Pizza with Whole Wheat Crust Steamed Corn Fresh Cabbage Salad Chilled Peas 100% Frozen Fruit Juice Cup Milk Choice</p>
 <p>MARDI GRAS HOLIDAY</p>				
<p>26 Red Beans with Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Peach Slices Whole Grain Cornbread Milk Choice</p>	<p>27 Taco(s) Beef or Chicken Whole Grain Flour Tortillas Taco Salad Cup Steamed Corn Chilled Mandarin Oranges Whole Wheat Reduced Fat Fresh Baked Cookie Salsa Cup Milk Choice</p>	<p>28 Hamburger Pattie Sliced Cheese for Hamburger Whole Grain Hamburger Bun Oven Baked French Fries Sandwich Salad Cup Fresh Red Grapes OR Strawberries Whole Grain Crispy Rice Square Mayonnaise/Mustard/Catsup Milk Choice</p>		

*Menu Subject to Change Due to Availability

*This institution is an equal opportunity provider.

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the East Baton Rouge Parish Child Nutrition Program; however, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.