





ELEMENTARY SCHOOL MENUS

GRADES PK-5

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p>Winter Break</p>	<p>2</p>  <p>Winter Break</p>	<p>3</p>  <p>Winter Break</p>	<p>4</p> <p>Meatsauce with Whole Grain Spaghetti Steamed Vegetable Blend Seasoned Green Beans Chilled Mixed Fruit Whole Wheat Roll Milk Choice</p>	<p>5</p> <p>BBQ Chicken Sandwich Whole Grain Hamburger Bun Oven Baked French Fries Baked Beans Chilled Peach Slices Milk Choice</p>
<p>8</p> <p>Meatballs w/ Sauce & Shredded Cheese Steamed Broccoli Seasoned Green Beans Pineapple & Orange Fruit Cup Whole Grain Breadstick Whole Grain Graham Crackers Milk Choice</p>	<p>9</p> <p>Chicken Nuggets Mashed Potatoes Fresh Sliced Cucumbers Fresh Baby Carrots Fresh Apple Wedges OR Fresh Whole Banana Whole Grain Mini Graham Bites Milk Choice</p>	<p>10</p> <p>Salisbury Steak & Gravy Steamed Brown Rice Sweet Potato 100% Romaine Green Salad with Dressing Fresh Orange Wedges OR Watermelon Whole Wheat Roll Milk Choice</p>	<p>11</p> <p>Ham & Cheese Sandwich Whole Grain Hamburger Bun Baked Beans Sandwich Salad Cup Chilled Mixed Fruit Multi Grain Chip Mix Mayonnaise/Mustard Milk Choice</p>	<p>12</p> <p>Pizza w/ Whole Wheat Crust Steamed Corn Fresh Cabbage Salad Chilled Pears 100% Frozen Fruit Juice Cup Milk Choice</p>
<p>15</p>  <p><i>I Have A Dream</i> Martin Luther King, Jr. Day Martin Luther King Jr., Holiday</p>	<p>16</p> <p>Red Beans with Ham Steamed Brown Rice Seasoned Turnip Greens Steamed Vegetable Blend Chilled Peach Slices Whole Grain Cornbread Milk Choice</p>	<p>17</p> <p>Hamburger Pattie Sliced Cheese for Hamburger Whole Grain Hamburger Bun Oven Baked French Fries Sandwich Salad Cup Fresh Red Grapes OR Strawberries Whole Grain Crispy Rice Square Mayonnaise/Mustard/Catsup Milk Choice</p>	<p>18</p> <p>Oven Baked Turkey Roast OR Oven Baked Chicken Steamed Brown Rice Brown Gravy Sweet Potatoes Seasoned Black Eyed Peas Fresh Orange Wedges Whole Wheat Roll Milk Choice</p>	<p>19</p> <p>Crispy Fish Strips Whole Grain Macaroni & Cheese Seasoned Green Beans Matchstick Carrots with Lowfat Ranch Dressing Fresh Apple Wedges Milk Choice</p>
<p>22</p> <p>Whole Grain Beefaroni Steamed Vegetable Blend Seasoned Green Beans Chilled Mixed Fruit Whole Wheat Roll Milk Choice</p>	<p>23</p> <p>Grilled Chicken Pattie Whole Grain Hamburger Bun Sandwich Salad Cup- Dark Green Oven Baked French Fries Fresh Orange Wedges Whole Grain Graham Crackers Mayonnaise/Mustard/Catsup Milk Choice</p>	<p>24</p> <p>Turkey/Sausage Jambalaya Dark Green Salad with Fruit & Vinaigrette Dressing Fresh Whole Baked Sweet Potatoes Fresh Grapes & Apples Whole Wheat Roll Milk Choice</p>	<p>25</p> <p>Tortilla Chips w/ Beef & Shredded Cheese Taco Bean Dip Lettuce & Diced Tomato Cup Steamed Corn Chilled Pears OR Fresh Cantaloupe Salsa Cup Milk Choice</p>	<p>26</p> <p>BBQ Chicken Sandwich Whole Grain Hamburger Bun Fresh Baby Carrots Creamy Coleslaw Chilled Peach Slices Milk Choice</p>
<p>29</p> <p>Meatballs w/ Sauce & Shredded Cheese Steamed Broccoli Seasoned Green Beans Pineapple & Orange Fruit Cup Whole Grain Breadstick Whole Grain Graham Crackers Milk Choice</p>	<p>30</p> <p>Chicken Nuggets Mashed Potatoes Fresh Sliced Cucumbers Fresh Baby Carrots Fresh Apple Wedges OR Fresh Whole Banana Whole Grain Mini Graham Bites Milk Choice</p>	<p>31</p> <p>Salisbury Steak & Gravy Steamed Brown Rice Sweet Potato 100% Romaine Green Salad w/Dressing Fresh Orange Wedges OR Watermelon Whole Wheat Roll Milk Choice</p>	<p>Healthy Tip</p> <p>*** Strive for 5 fruits and vegetables each day. Fresh fruits and vegetables are offered daily with school meals. ***</p>	

***Menu Subject to Change Due to Availability**
Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the East Baton Rouge Parish Child Nutrition Program; however, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.
***This institution is an equal opportunity provider.**